



Mutuality

Framing: *This group discussion explores mutuality, power, and the process of learning. It is a good starting block for exploring various PAR principles as well as looking at popular education. For more resources on either of these topics click on the hyperlink above. This activity is taken from the training “Building a Foundation: An Introduction to PAR”*

Time: 20 minutes

Materials:

- Copies of the cartoon for all the participants
- Chart paper
- Markers

Group Size: 3 or more

Activity

Opening: (5 minutes)

Framing: *This is a warm-up activity to see what people already know about PAR and the generation of knowledge in general. There are no right answers; this is an open discussion.*

Talking Points: Facilitator A explain that they will read a word connected to PAR and invite participants to share their association with that word with the group. There are no right or wrong answers. This is an open discussion.

Actions: Facilitator A read the following words. Participants share their ideas and associations. **Facilitator B** write responses as they are mentioned.

- Social Change
- Expertise
- Knowledge
- Participatory



Main Activity: (10 minutes)

Framing: Using the cartoon handout, participants discuss the relationship between the cartoon and PAR/popular education. Together the group will develop a list of PAR concepts that the cartoon reflects and how it connects to participants' work.

Action: **Facilitator A** pass out copies of the cartoon. **Facilitator B** guide the group discussion.

Talking Points: **Facilitator B** ask participants to consider what aspects of PAR/popular education the cartoon shows. This may include: non-hierarchical relationships, banking education, or similar concepts. Some possible framing questions:

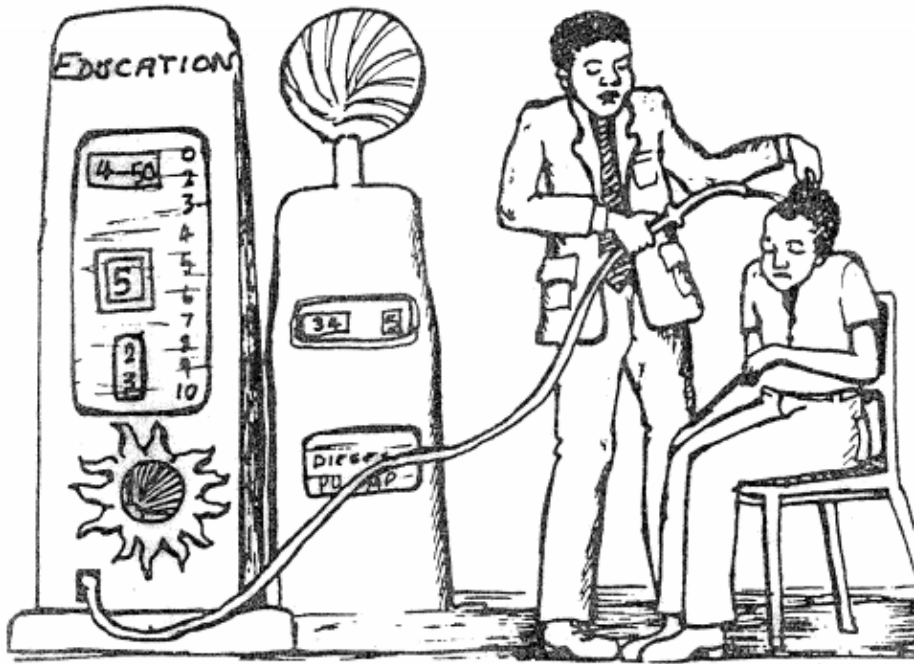
- What do you see?
- What are the men doing?
- Who has power?
- What is the artist saying to us?
- Does this remind you of PAR principles? Why or why not?
- Where do we see this kind of interaction in our lives?
- How would you transform it?

** **Facilitator Note:** You don't have to ask all of these questions, just the ones that resonate with the group.*

Closings: (3-5 min)

Talking Points: **Facilitator A** ask participants to share one thing that moved or challenged them.





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